## <u>CLAIMS</u>

## I claim:

- 1. A method of screening a material to determine its effect in altering the viscosity of the blood of a living being, comprising the step of introducing the material into the body of a living test subject, and utilizing an in-vivo viscosity measuring instrument to determine the likely effect of said material on the viscosity of the blood of a living being when said material is administered thereto.
- 2. The method of Claim 1 wherein said method comprises determining the material's efficacy in lowering the viscosity of the blood of the living being.
- 3. The method of Claim 1 wherein said living being to which said material is to be administered is a human being.
  - 4. The method of Claim 1 wherein said living being is an animal.
  - 5. The method of Claim 1 wherein said test subject is a human being.
  - 6. The method of Claim 1 wherein said test subject is an animal.
- 7. The method of Claim 1 wherein the material is selected from the group consisting of pharmaceuticals, drugs, foods, and dietary supplements.
- A method of screening a material to determine its effect in altering the deformability of red blood cells in the blood of a living being, comprising the step of introducing the material into the body of a living test subject, and utilizing an in-vivo measuring instrument to determine the likely effect of said material on the deformability of red blood cells of a being's blood when said material is administered thereto.

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- 9. The method of Claim 8 wherein said living being to which said material is to be administered is a human being.
  - 10. The method of Claim 8 wherein said living being is a laboratory animal.
  - 11. The method of Claim 8 wherein said test subject is a human being.
  - 12. The method of Claim 8 wherein said test subject is a laboratory animal.
- 13. The method of Claim 8 wherein said material is selected from the group consisting of pharmaceuticals, drugs, foods, and dietary supplements.
- A method of screening a material to determine its effect in altering the thixotropic properties of the blood of a living being, comprising the step of introducing the material into the body of a living test subject, and utilizing an in-vivo measuring instrument to determine the likely effect of said material on the thixotropic properties of a living being's blood when said material is administered thereto.
- 15. The method of Claim 14 wherein said living being to which said material is to be administered is a human being.
  - 16. The method of Claim 14 wherein said living being is a laboratory animal.
  - 17. The method of Claim 14 wherein said test subject is a human being.
  - 18. The method of Claim 14 wherein said test subject is a laboratory animal.
- 19. The method of Claim 14 wherein said material is selected from the group consisting of pharmaceuticals, drugs, foods, and dietary supplements.
- A method of determine determining the effect of a condition, activity, and/or lifestyle on the viscosity of the blood of a living test subject, comprising the step of selecting a living test subject exhibiting said condition, activity, and/or lifestyle, and utilizing an in-vivo viscosity

measuring instrument to determine the likely effect of said condition, activity, and/or lifestyle on the viscosity of the blood of a living being.

- 21. The method of Claim 20 wherein said living being is a human being.
- 22. The method of Claim 20 wherein said living being is an animal.
- 23. The method of Claim 20 wherein said test subject is a human being.
- 24. The method of Claim 20 wherein said test subject is an animal.
- A method of determining the effect of a condition, activity, and/or lifestyle on the deformability of red blood cells in the blood of a living test subject, comprising the step of selecting a living test subject exhibiting said condition, activity, and/or lifestyle, and utilizing an in-vivo viscosity measuring instrument to determine the likely effect of said condition, activity, and/or lifestyle on the deformability of red blood cells in the blood of a living being.
  - 26. The method of Claim 25 wherein said living being is a human being.
  - 27. The method of Claim 25 wherein said living being is an animal.
  - 28. The method of Claim 25 wherein said test subject is a human being.
  - 29. The method of Claim 25 wherein said test subject is an animal.
- A method of determining the effect of a condition, activity, and/or lifestyle on the thixotropic properties of the blood of a living test subject, comprising the step of selecting a living test subject exhibiting said condition, activity, and/or lifestyle, and utilizing an in-vivo viscosity measuring instrument to determine the likely effect of said condition, activity, and/or lifestyle on the thixotropic properties of the blood of a living being.
  - 31. The method of Claim 30 wherein said living being is a human being.
  - 32. The method of Claim 30 wherein said living being is an animal.

- 33. The method of Claim 30 wherein said test subject is a human being.
- 34. The method of Claim 30 wherein said test subject is an animal.

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